

POST PROCEDURE INSTRUCTIONS **AFTER FIXING CROWN OR BRIDGE**

- ❑ Avoid water for one hour and food for two hours as the cement used for fixing the cap takes time to set completely.
- ❑ You would have a new feeling with the new cap for first few hours.
- ❑ If you find any interference or high point while biting then report to clinic and that interference would be removed by grinding.
- ❑ Avoid biting on extremely hard and sticky foods like chikki, chewing gums, candy, ice etc on that side as such forces might make the cap loose and it might come out.
- ❑ In case if the cap comes out then please report to clinic the same day or as soon as possible to get it refixed. If it is kept out for prolonged time, it might not fit well and you will have to get a new one made.
- ❑ You need to take extra care of hygiene around the caps so it is recommended that you use interdental floss daily before going to sleep.
- ❑ Water flosser is a very good oral hygiene aid especially when you have multiple caps in your mouth.