

POST PROCEDURE INSTRUCTIONS **AFTER ROOT CANAL TREATMENT**

- Your Root canal treatment has been started today and would be completed in next 1-2 appointments. Do not have liquids for half an hour and no food until the effect of anesthesia wears off. In case of pain or discomfort, take the anti-inflammatory medicine prescribed to you. In case of swelling, extreme pain or other symptoms, please contact us.
- Your root canal treatment is completed today and some pain in this tooth is expected for 24 hours as body's response to foreign body (root canal filling material) Do not worry, take the anti-inflammatory prescribed to you.
- This tooth will be filled with a permanent composite filling material in your next appointment.
- If the tooth is badly destroyed and very little of natural tooth structure is remaining then it may require additional support by means of an extension of material made of metal or fibre into the root of the tooth to act as foundation and hold the filling of the tooth longer. (post and core) Such cases often also require a minor gum procedure called Crown Lengthening Procedure to expose healthy tooth from the gums.
- The root canal treated tooth becomes brittle and needs to be protected with a cap otherwise the tooth may fracture that may require removal.
- Avoid biting on hard foods such as candy, chikki, ice, etc. from that tooth till the cap is fixed.
- It is advisable to get the cap done as soon as possible or within one month of root canal treatment.